



Introduction to Cybersecurity Syllabus Vigenère: High School (85-140 contact hours)

Course Overview and Goals

As our world becomes increasingly dependent on technology, cybersecurity is a topic of growing importance. It is crucial that companies and individuals take precautions to protect themselves from the growing threat of cyber attacks. This course prepares students with crucial skills to be responsible citizens in a digital future.

The Introduction to Cybersecurity is the first online blended K12 cybersecurity course. The Vigenère year-long version is designed for students with some exposure to computer science, but there are no specific course prerequisites. Students will learn foundational cybersecurity topics including digital citizenship and cyber hygiene, the basics of cryptography, software security, networking fundamentals, and basic system administration and all through the CodeHS web-based platform. Students will complete projects at the end of each module, and a culminating course project where they will complete a simulated hack walkthrough. This is not a coding intensive course, but students will learn basic SQL, and will utilize basic HTML and JavaScript within specific contexts and will be provided supports within those contexts.

Learning Environment: The course utilizes a blended classroom approach. The content is a mix of web-based and physical activities. Students will modify existing code and run it in the browser, investigate cyber related topics and reflect on them and discuss them, create digital presentations, and engage in in-person collaborative exercises with classmates. Teachers utilize tools and resources provided by CodeHS to leverage time in the classroom and give focused 1-on-1 attention to students.

Programming Environment: Students modify and run programs in the browser using the CodeHS online editor. Students will be able to modify text-based programs in HTML, JavaScript and SQL (sand shell commands in the supplementary module). Students will also participate in simulated cyber attacks on safe sites in order to learn how to mitigate cyber attacks. Students will be able to document their processes and discusses best practices for preventing cyber attacks.

Quizzes: Each lesson includes at least one formative short multiple choice quiz. At the end of each module, students take a summative multiple choice quiz that assesses their knowledge of the concepts covered in the module.

Prerequisites: The Introduction to Cybersecurity course is designed for beginners to intermediate computer science students with at least some knowledge and interest in computer science. The course is highly visual, dynamic, and interactive, making it engaging for those new to computer science.

More information: Browse the content of this course at https://codehs.com/course/3433

Course Breakdown

Module 1: What is Cybersecurity? (1-2 weeks/5-10 hours)

This module gives an introduction to cybersecurity. It focuses on why cybersecurity is important, recent threats to cybersecurity, and different careers in the field.

Browse the full content of this module at https://codehs.com/library/course/3433/module/9372

Objectives / Topics Covered	 Course Overview What is Cybersecurity? Impact of Cybersecurity The CIA Triad
Example Assignments / Labs	 Course Overview Do you use the Internet? How do you use the Internet? What kinds of information are at risk? What are some different CS career fields? Coding as the new literacy What is this course about? Example activity: Lists steps to take to protect yourself on the Internet What is something you want to know or make by the end of the course?
	 What is Cybersecurity? Cybersecurity defined Why is cybersecurity important? Cybersecurity in the news Cybersecurity and IoT (Internet of Things) How do we prevent cyber attacks? Example activities: Summarize and discuss recent cyber attacks Explore a threat map to see where cyber attacks are coming from and which countries are being targeted
	 Impact of Cybersecurity Why do we care about cybersecurity? What information is at risk? What are the impacts of cyber attacks? Financial impact Cybersecurity workforce What are current cybersecurity career? Example activities:
	 Example activities. Determine where scenarios break part of the CIA Triad

Module 2: Digital Citizenship and Cyber Hygiene (2-3 weeks/10-15 hours)

This module includes topics on Internet etiquette and how to stay safe on the world wide web. We will also look at the potential effects of our digital footprints, how to protect information from online risks, and the implications of cyberbullying. Finally, the module includes how to find and cite quality resources online. Browse the full content of this module at https://codehs.com/library/course/3433/module/4859

Objectives / Topics **Digital Footprint and Reputation** • Covered Cyberbullying • Internet Safety • Privacy and Security • Information Literacy • Creative Credit and Copyright Hacking Ethics Example Assignments Digital Footprint and Reputation /Labs • What is a digital footprint? • What is *your* digital footprint and reputation? • What does it mean that the internet is public and permanent? • Who looks at your digital footprint and reputation? • What are some recommended social media guidelines? • How can you maintain your digital footprint? • What does your digital footprint say about you? • Example activities: What is your digital footprint? Are you going to make any changes in what you post on social media? Cyberbullying • What is cyberbullying? • What are the impacts of cyberbullying? • Are there cyberbullying roles? • What do you do if you are being bullied? • What do you do if you see bullying? • How can you be an upstander? • Example activities: Explore cyberbullying scenarios: What would you do? Internet Safety • What are some ways to stay safe online? • What are some online safety guidelines? • Example activities: Explore Internet safety scenarios: What would you do? Privacy and Security • What are data privacy and security? • How can you keep personal data secure and private? • What can happen if you data is stolen and what can you do about it? • Example activities: Test out various passwords on a site Explore Google's privacy policy: What do they know about you? Information Literacy • What is information literacy? • How can you do effective internet searches? • What are some techniques for judging source legitimacy and identifying misinformation?

 Example activities:
 Create and test search queries
 Explore evidence for using sources
Creative Credit and Copyright
 What is copyright?
 What are the different types of copyright licenses
 Example activities:
 Create citations for sources
 Explore image search tools
Hacking Ethics
 What are hackers?
 Are there different kinds of hackers? (white, black, grey)
 What are bug bounty programs?
 Is hacking always illegal?
 What are the consequences of illegal hacking?
 Example activities:
 Explore what penetration testing is
 Sign ethical hacker agreement

Module 3: Project: PSA (1-2 weeks/5-10 hours)

Students create a final project to apply Digital Citizenship and Cyber Hygiene content by creating a PSA. Browse the full content of this module at <u>https://codehs.com/library/course/3433/module/9658</u>

Objectives / Topics Covered	Project: PSA
Example Assignments / Labs	 Project: Create a Public Service Announcement Create a Public Service Announcement (PSA) to teach your peers about your selected topic in digital citizenship and cyber hygiene. You can select any of the topics covered in this module. Be creative and make it fun! You could make a video, song, poster, or slideshow.

Module 4: The ABCs of Cryptography (3-4 weeks/15-20 hours)

In this module, we will dive into the history of cryptography systems, the motivation behind using encryption systems, and basic cryptography systems. Additionally, we will explore topics on how to use cryptography, cryptology, and cryptanalysis to decode a message without the use of a key. Finally, we will look into more advanced cryptographic topics like public key cryptography and hash functions. Browse the full content of this module at https://codehs.com/library/course/3433/module/4860

Objectives / Topics Covered	 Cryptography, Cryptology, Cryptanalysis History of Cryptography Why do we Need to Encrypt Data? Basic Cryptography Systems: Caesar Cipher Basic Cryptography Systems: Cracking the Caesar Cipher Basic Cryptography Systems: Vigenère Cipher Advanced Cryptography Hash Functions Hash Function Development
Example Assignments / Labs	 Cryptography, Cryptology, Cryptanalysis Why do we need some secrecy in our transparent information age?

	0	Explain general encryption with data, keys
	0	Example activities:
		 Video and discussion on securing the cloud
		 Passing notes in class (offline activity)
•	Histor	y of Cryptography
	0	Why do we encrypt?
	0	What are some classic encryption techniques?
	0	What is the flaw in substitution ciphers?
	0	What was The Enigma during WW2?
	0	What is modern cryptography and how has cryptography changed
		over time?
	0	What is 256-bit key encryption and how does this help cryptography
		overall?
	0	Example activities:
		 How did the Enigma work?
•	Why d	lo we Need to Encrypt Data?
	, 0	Explore the CIA Triad and encryption
	0	Example activities:
		 Telephone game with math (offline)
		 Modulo math activity sheet
•	Basic	Cryptography Systems: Caesar Cipher
	0	Explore examples of the Caesar cipher
	0	Example activities:
		 Practice with a Caesar Cipher JavaScript program
		 Modify the program to create the decrypting Caesar program
•	Basic	Cryptography Systems: Cracking the Caesar Cipher
-	0	How do we solve the Caesar Cipher with brute force and using letter
	Ū	frequency analysis?
	0	Example activities:
	Ū	 Practice cracking Caesar Cipher with brute force
		 Practice cracking Caesar Cipher with letter frequency
•	Basic	Cryptography Systems: Vigenère Cipher
-	0	Explore examples of the Vigenère Cipher
	0	Example activities:
	Ū	 Practice with a Vigenère Cipher JavaScript program
•	Δdvan	iced Cryptography
-	0	What are the problems with Caesar cipher? (History recap)
	0	What does today's cryptography look like?
	0	What does today's eryptography look like? What does "hard vs. easy problems to crack" mean?
	0	What kinds of encryption are there? (symmetric, asymmetric, public
	Ū	key)
	0	Example activities:
	0	 Discuss resources related to public key cryptography
•	Hash I	Functions
•	0	What is cryptographic hashing?
	0	How is hashing used?
	0	What is a hash function?n Why are hash functions used?
	0	What does the ideal hash function do?
	0	How do attackers try to crack a hashing algorithm?
	0	Example activities:
	0	 Use a hash generator to create hashes for various input
•	Hach I	Function Development
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 How can we preventing hash function cracking? Why is modulo math so important for hash programs? Example activities: Practice module math problems (offline) Test a simple hash program 	
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Module 5: Project: Classic Cipher Newscast (1-2 weeks/5-10 hours)

Students complete a final project to apply cryptography content.

Browse the full content of this module at https://codehs.com/library/course/3433/module/9659

Objectives / Topics Covered	Project: Classic Cipher Newscast
Example Assignments / Labs	 Final project: Develop a hash program Modify a hash function program with new math to create different hashes for the same inputs. Explain how your new program works and show before and after results for 3 different input strings that the new hash function changed the hash created.

Module 6: Software Security (4-5 weeks/20-25 hours)

In this module, we will learn what happens when running a web application and how to look inside web apps using developer tools, source code, and more. We will learn basic SQL so we can learn about common attacks like SQLi and XSS. and recommend solutions for flawed security systems.

Browse the full content of this module at https://codehs.com/library/course/3433/module/4895

Objectives / Topics Covered	 Inside Web Applications Developer Tools SQL Overview What is SQL? Structuring Data in SQL Basic Querying in SQL Filtering Queries in SQL Clients, Servers, Databases Common Security Problems SQL Injection SQLi Overview Types of SQLi Preventing SQLi Cross-Site Scripting (XSS) XSS Overview Types of XSS Preventing XSS Data Exposure
Example Assignments / Labs	 Inside Web Applications View page source (images, navigation and page layout, stylesheets, JavaScript, minified code Example activities: View page source scavenger hunt Getting started with OWASP Developer Tools

	 Use the inspect tools to look more deeply inside of web apps How does view page source compare to inspect in terms of
	information about the site / app?
	 Example activities: Practice using the Chrome developer tools
	 Change a favorite site using the Chrome developer tools on your end only. Take a screenshot of your change.
•	SQL Overview
	 What is SQL?
	 How do we structuring data using SQL?
	 How do we query databases using SQL?
	 Example activities:
	 Use the SELECT statement to query a database
	 Use the WHERE clause to query a database
•	Clients, Servers, Databases
•	Common Security Problems
	 What is the "Fortification Principle"?
	\circ What are some tips about HTTP vs. HTTPS, password fields and
	CAPTCHA that can help us to navigate more securely on the Web?
•	SQL Injection
	 SQLi Overview
	What is SQLi?
	Why is SQLi a problem?
	What happens during a SQLi attack?
	What is the fallout of a SQLi attack?
	How does SQLi work?
	How do hackers use SQL in a SQLi?
	\circ What are the types of SQLi (error-based, union-based, blind)
	 What is the underlying SQL behind the scenes that hackers
	may be trying to hack?
	 How to we mitigate or prevent SQLi?
	What are the OWASP recommendations?
	How can we tell if our code is vulnerable?
	 Example activities:
	 Discuss the Equifax SQL injection attack
	 Practice basic SQLi on a safe site
	Research SQLi prevention
•	Cross-Site Scripting (XSS)
	• XSS Overview
	What is XSS?
	Why is XSS a problem?
	What happens during an XSS attack?
	What is the fallout of a XSS attack?
	How does XSS works
	How do hackers use JavaScript in a XSS attack?
	• What are the types of XSS (reflected XSS, stored or persistent, DOM)
	What is the vulnerable JavaScript behind the scenes?
	 How do we prevent or mitigate XSS?
	What are the OWASP recommendations?
	How can we tell if our code is vulnerable?
	 Example activities:
	 Discuss the XSS bug in Yahoo email attack

 Practice basic XSS on a safe site Research XSS prevention Data Exposure Final project: Hack Walkthrough Students will be given a series of SQLi and XSS attacks that they need to perform on the site http://hackyourselffirst.troyhunt.com/. Students will then reflect on classifying the vulnerabilities that they
exploited and how they would mitigate the various attacks.

Module 7: Networking Fundamentals (3-4 weeks/15-20 hours)

This module explores the structure and design of the internet and networks, and how this design affects the reliability of network communication, the security of data, and personal privacy. We will learn how the Internet connects computers all over the world. Finally, we will explore basic networking protocols, practical networking, and how networks are secured.

Browse the full content of this module at https://codehs.com/library/course/3433/module/4894

Objectives / Topics Covered	 Introduction to the Internet Internet Hardware Internet Addresses Domain Name System (DNS) Routing Packets and Protocols The Internet and Cybersecurity Impact of the Internet Network Hacks Securing a Network
Example Assignments /	 Introduction to the internet What is the Internet? How does it work? What have been its impact
Labs	on society? Why do we need protocols for the Internet? Example Activity Explore the different levels of the internet. Internet hardware Vocabulary: bandwidth, bitrate, latency Why are protocols so important? How do we send data over the Internet? Example Activities Explore the role of simple and complex networks and routers Internet Addresses Vocabulary: Internet Protocol (IP) How do IP addresses compare to postal addresses? How IP addresses work? Example Activities Explore the differences between IPv4 and IPv6. Why are we running out of addresses? Trace a website request from the server, through the network, and to your computer

 How does DNS help with sending digital information and IP addresses?
 Example Activities
 Explore the process of how requesting a web resource works
Routing
• How is routing used to send messages / data?
• Why is redundancy a good thing for the Internet? (fault tolerant)
Packets and Protocols
• How data is transmitted?
• How are internet packets able to find their way to your computer?
• Example Activities:
 Explain in your own words how a request from your computer travels through the various levels of servers to reach and return the correct webpage and resources? As a class, create a protocol that will allow one classmate to send another classmate a note, without the need for talking to each other. What are the standard protocols for the Internet and how do they work? (TCP/IP, HTTP) The Internet and Cybersecurity What are cybercrime and cyberwarfare?
 How do we network attacks? (certificate authorities, public key
encryption)
Network Hacks
 What are common network attacks?
 Explain common network attacks and how they happen. (DNS
spoofing, DoS/DDoS, Waterhole attacks, fake WAP, eavesdropping)
Securing a Network
 How can we detect intrusions? (checking logs, firewall rules, intrusion detection systems - IDS)
 What are some recommended approaches for mitigating or preventing network attacks?

Module 8: Project: Secure the Company's Network (1-2 weeks/5-10 hours)

Students complete projects where they work to secure a given network by applying the concepts they've learned in the networking module.

Browse the full content of this module at https://codehs.com/library/course/3433/module/9661

Objectives / Topics Covered	Project: Secure the Company's Network
Example Assignments /	 Final Project Create a basic network configuration simulation that is optimized for security via the following site:
Labs	<u>http://malkiah.github.io/NetworkSimulator/simulator01.html#</u> Final course Project / Challenge: Walk through a simulated attack from the attacker and defender perspectives and incorporate all techniques and recommendations garnered from the course.

Module 9: Project: Final Course Project (1-3 weeks/5-15 hours)

Students complete projects where they apply all concepts learned throughout the course to develop a presentation on cyber safety or potential careers in cyber security. Browse the full content of this module at <u>https://codehs.com/library/course/3433/module/6144</u>

Objectives / Topics Covered	Project: Final Course Project
Example Assignments / Labs	 Final Project Research Choose Target Audience Draft Presentation Draft a Flyer

Supplementary Unit Guide:

These units can be used during the course for added practice or after the course has been completed for further review.

Supplementary Unit	Prerequisite/Recommended Unit(s)	# of activities
<i>Project: Security Assessment Report:</i> Determine vulnerabilities and write a security assessment report.	Software Security	7
Cryptocurrency - Blockchain - Hashing - Proof of Work - Cryptocurrencies - Bltcoin	No prerequisites	62
<i>Simulations:</i> These are new items that are created throughout the year. Check back often to find short supplemental activities that can be used in your lessons.	Varies depending on the activity	8
SQL Part II: The SQL - Filtering - Ordering - Renaming - Joining	Software Security	35
Web Development - HTML - Formatting Text - Links, Images, Lists, Tables - CSS by Tag, Class, ID	No prerequisites	75
Midterm	What is Cybersecurity Digital Citizenship and Cyber Hygiene The ABCs of Cryptography	1